

YOUR SAFETY. YOUR RIGHT. YOUR VOICE MATTERS.



GOVERNMENT OF
JAMMU & KASHMIR
DIRECTORATE OF COLLEGES
HIGHER EDUCATION DEPARTMENT

LODGING COMPLAINTS ON **SEXUAL HARASSMENT** AT WORKPLACE / COLLEGES



**SPEAK UP.
TAKE ACTION.
YOU ARE
NOT ALONE.**



Sexual Harassment is a violation of fundamental rights and is punishable by law.

WHERE TO LODGE A COMPLAINT?

1 AT YOUR COLLEGE



Every College has a POSH Cell and Internal Complaints Committee (ICC).

OR

2 IF NOT HEARD, USE SIGMA PLATFORM



Visit SIGMA Platform:
<https://directorcollegesjk.in/sigmalogin.aspx>



Your College is your first point of support.

NATIONAL PLATFORM FOR WOMEN – SHE BOX (GOVERNMENT OF INDIA)



She Box

IT'S YOUR
RIGHT TO BE SAFE

Visit She Box:

<https://shebox.wcd.gov.in/>



Confidential • Secure • Accessible
Available 24x7



For women and girls across India



**YOU ARE STRONG.
YOU ARE SUPPORTED.
YOU ARE HEARD.**

**Don't stay silent.
Speak up. Take action.**

NEED IMMEDIATE HELP?

Women Helpline (24x7)

181

Police Emergency

112



**SPEAK UP TODAY FOR A SAFER TOMORROW.
BREAK THE SILENCE. END THE HARASSMENT.**



Scan to visit
She Box